

Foodcomp workshop

Subject	Finding nutrition certificates on products
Duration	75 min
Students' ages	10+
Type of activities (educational, entertainment, practical, other)	First there is an introductory, theoretical part, then a practical part and finally a summary of the class and a discussion
Objectives	<ul style="list-style-type: none"> • To become familiar with the most popular food certifications and learn about their philosophy • Learn how to make informed consumer choices • Improving health and the state of the environment
Methods (presentation, discussion, film screening, brainstorming, teaching games)	<p>First stage: Presentation and theoretical part. Introduction to the topic of food certification based on a presentation created for the Foodcomp project.</p> <p>Second stage: Practical part - looking for certificates on products.</p> <p>Third stage- Presentation of results and discussion.</p> <p>Fourth stage- Question and answer section.</p>
Forms of work (individual, group, other)	<p>Individual in practical searches</p> <p>Group in joint discussion and presentation of the search results</p>
Materials needed	<ul style="list-style-type: none"> • Products with certificates • Laptop and projector • Whiteboard and marker

Lesson scenario

Duration	Description	Materials used
1 min	<p>Welcome and introduction</p> <p>Checking the attendance list Presentation of the purpose of the lesson</p>	Lesson journal, blackboard
20 min	Presentation-based lecture. Introduction to the topic of food certification. General overview and familiarization with the most popular certifications	PPT presentation, computer, projector
15 min	<p>Practical part - children choose food products from a prepared basket. They each have to check the product for certifications and find what each product has.</p> <p>The most common are: HACCP (Hazard Analysis Critical Control Point), Organic, BIO, Fair Trade, ISO 22000, UTZ Certified, Rainforest Alliance Certified, MSC (Marine Stewardship Council), GlobalGAP.</p> <p>If others are found, it is worth searching for information on the web and deciphering what they mean and where they came from.</p>	Products with certificates
15 min	Now comes the presentation stage of the search results. Create a table on the board with the different sections. Students will take it in turns to present their search results and record on the board what they have found. At the end, you will check which certificate is most common.	Whiteboard and markers
20 min	This stage is a discussion and a question and answer section. Talk about what information you have found, what it means, how it might affect purchasing decisions or health.	-
5 min	Summary of the lesson, impressions about the work done, conclusions (discussion).	-